

Game related items to keep players from getting into trouble

1. Never allow the team to try to play or present an illegal player. Result: Huge and expensive penalties
2. You DO NOT have the right to talk to the game officials whether you are the captain or one of the players!! The ONLY time you are allowed to talk to game official is when that official wants to talk to you.
3. For the most part, any conversation that is being held should be done between the game official(s) and the team captain. If you have an issue, talk to your captain.
4. DO NOT confront a game official with several team members. If you see them coming, steer them away. It usually ends up with the opposing team joining in as well and when there is a group confronting a game official, the odds become high that one or more players end up with either a red or yellow card.
5. DO NOT approach the game officials to debate their decision(s) after the game. The game is over, believe us, nothing will change. You are still very eligible for a yellow or red card after the game is over.
6. Here's one for you! Do not retaliate, you know that more often than not, it's the second person that gets caught and is punished.
7. Fighting, kicking, spitting or retaliating, etc. can earn you an automatic minimum one year suspension and \$100.00 fine.
8. Referees are instructed not to allow players to play if they are not in a proper uniform, which means that if your team's shorts and socks are to be black, then this is what you wear. If you are not in proper uniform, your team gets fined.
9. In particular, if you are on a payment plan keep your account up-to-date. It is your responsibility to make your payments in a timely manner.
10. If you are crossed off a roster, most of the time it involves a suspension or payment that needs to be made which could be an installment payment or a fine from a card that was issued in a prior game.
11. Always clean up the sideline after every game. DO NOT LEAVE GARBAGE LAYING AROUND!
12. Substitutions are permitted by either team at the discretion of the referee during a stoppage.
13. If you are prone to receiving cards please check Rule 1511 to see the penalties involved. The Bylaws & Rules are located on the website. After reading that, hopefully you decide that you like your money in your pocket, not the Association's.
14. If a player uses foul or abusive language toward an official or people on sidelines – Ejection + Fine
15. Referees have been instructed to tighten up on the following items:
 - a. Throw-in's are to be taken within close vicinity of where it went out of bounds and for it to be thrown back into play in accordance to FIFA rules. Referee has the option to have you retake it or award the throw-in to the opposing team for unsportsmanlike behavior.
 - b. After awarding a free kick, the opposing player(s) must immediately move themselves a minimum of 10 yards from the spot of the infraction. Not adhering to this rule may be dealt with a warning however a second infraction will be punished with a yellow card.
 - c. A player who decides to help their teammate who is moving 10 yards from a free kick spot by reoccupying the emptied space near the ball, shall be awarded with a yellow card immediately.
 - d. A player who decides to become a spokesperson on a foul that occurred against one of their teammates, prepare yourself for a very possible yellow card.
 - e. If you decide to add your opinion about a call or an infraction to the referee or an opposing player and it requires a run from the other side of the field, expect a card being given to you before you even get your first words out. You have no business being there and it only causes more problems!
 - f. Goalkeepers. If you decide that the penalty box is not big enough to punt or throw a ball up-field, please remember this basic rule – handling the ball outside the penalty box is considered a handball and is punished with a free kick for the opposing team. We are asking assistant referees to watch this practice closer.
16. All of the items within #15 are small items and when you are sitting in front of a television to watch the English Premier League or you're at Rio Tinto, none of the items are hardly ever called. Well, we're not the EPL or MLS and they can do whatever they want to do. We want the rules to be enforced and there are good reasons to do so, and a basic and very important reason is to have good sportsmanship out on the field and not to understate it, nearly everyone has to go back to work the next day and needs to be respected!
17. Now that you have read this list, we request one more item from you which is to please review this list once a week for the next month. Knowing the consequences and it being ingrained to your head will help to keep you out of trouble and we really prefer for that to happen. Honestly, we wish that we never have to collect a single dollar for disciplinary actions. Let good sportsmanship also be a winner, Thank You!!